#### SOULSPACE treatment menu

Face	
DEFENCE LIFESTYLE AGING skin regimen longevity to rejuvenate stressed skin, specifically combat accelerated aging express skin regimen detox treatment for stressed, dull and asphyxiated skin	€100 [60′] €60 [30′] €100 [60′]
LIFTING sublime skin complete anti-aging, illuminating, firming sublime skin peel express resurfacing illuminating double scrub eye patch for aging an immediate relief cosmetic eye treatment [add on]	€100 [60′] €60 [30′] €30 [15′]
<b>PURIFYING active pureness complete</b> for a deep cleansing with a special Spirulina Algae mask active pureness express purifying and normalizing treatment for impure and oily skin	€100 [60′] €60 [30′]
HYDRATION hydramemory complete intensive hydration for face, neck and décolleté hydramemory express	€90 [50′] €50 [30′]
SENSITIVE remedy complete a renewing, strengthening and soothing treatment remedy express recover touch nourishing multi-vitamin rich treatment with antioxidants, for face and neck recover touch express comfort touch draining facial massage to stimulate circulation and relax wrinkles	€90 [50′] €60 [30′] €90 [50`] €50 [30′]
Body  DRAINING  aromatherapy wrap to improve microcirculation and counteract the stagnation of fluids	€80 [50′]
MELTING thermal mud an intensive cosmetic treatment with thermal water from Bagni di Pisa thermogenic attack thermogenic remodelling cosmetic treatment	€90 [50′] €90 [50′]
REACTIVATING thermal mud a thermal mineralizing treatment with Grotta Giusti thermal water	€90 [50′]
FIRMING algae mask marine treatment based on alginates and laminar algae elasticizing mask firming treatment with a toning effect on the body	€85 [50′] €90 [50′]
LONGEVITY skin regimen body anti-aging body treatment to prevent the signs of water cocoon floating waterbed along with a treatment (add to your treatment)	€100 [50′] €25

#### **Rituals**

aromasoul ritual scrub an aromatherapy exfoliating cosmetic treatment	€90 [45′]
aromasoul arabian ritual an aromatherapy ritual revitalizing massage	€100 [60']
aromasoul indian ritual a relaxing aromatherapy massage	€100 [60']
aromasoul oriental ritual an aromatherapy soothing anti-stress massage	€100 [60']
aromasoul mediterranean ritual an invigorating aromatherapy massage	€100 [60']
tranquillity aromatic ritual a connective and aromatic face and body treatment	€100 [50']

# **Massages**

relaxing deeply relaxing and soothing massage	€60/€100/€150 [30'/60'/90']
comfort touch intense relaxing care with tonifying body massage	€80[40`]
<b>draining</b> reduces lymphatic stagnation providing a sense of lightness	€80 [40`]
remodeling deeply intense favoring the movement of fatty deposit	€90 [45′]
anti-stress a soothing treatment to re-establish energetic balance	€85 [45`]
deep tissue a deep massage and relax massage	€130 [60']
back and neck partial head and back massage	€50/€75[25′/40′]
decontracting relaxing massage that loosens tension and muscle spas	ms <b>€120 [60</b> ′]
reflexology releases tension and reactivates the body's energy	€50/€75 [25′/40′]
rebalancing touch a rebalancing light massage	€50 [25`]
hot stone massage igneous hot stone massage	€100 [60']
body active massage an intensive remodeling and toning massage	€90 [50′]
Tibetan sound massage with Tibetan bells	€150 [90']

#### Mum

new life pregnancy massage	€80 [45`]
new mum post-partum firming treatment	€85 [60′]

# Man space

hydra performance deep hydration treatment	€75 [40`]
specialized relaxation deep relaxation massage for men	€90 [50']

# **Beauty details**

manicure	€30 [40′]
hand specialist nourishing hand cosmetic treatment	€30 [25′]
pedicure	€50 [45′]
foot specialist nourishing cosmetic foot treatment	€40 [25′]
epilation soft sense a gentle approach to depilation	€30/€50/€75
eyebrow shaping	€15 [10′]

#### SOULSPACE DAY SPA

in the heart of ancient **Florence**, where Art, History and Culture magnificently intertwine, a soft, elegant and sensorial space, an inviting, reserved and fascinating atmosphere, rich in delicate perfumes, soft lights, gentle musical notes; an intense space for wellness, beauty, rest and relaxation; where science, nature and skill bestow extraordinary results a **spa**ce to discover the pleasure of rituals from a world, that engage all the senses

#### **Spa** €50 [120']

aqua journey steam room, warm indoor pool and spa lounge

#### Ritual day Spa 690 [1h30']

aqua journey steam room, warm indoor pool and spa loungearomasoul ritual massage massage with essential oils and natural extracts[30']

#### Soulspace day **Spa** €120 [2h]

aqua journey steam room, warm indoor pool and spa lounge relaxing deeply relaxing and soothing massage [60']

#### Comfort day **Spa** €130 [2h′]

aqua journey steam room, warm indoor pool and spa lounge
comfort touch face draining facial massage
comfort touch body deeply relaxing and enveloping

[30`]

#### Tranquillity day Spa €140 [2h30']

aqua journey steam room, warm indoor pool and spa lounge
tranquillity aromatic ritual tranquillity ritual massage for face and body
reflexology relaxes and reactivates the body's energy
[50']

#### Aromatic day **Spa** €150 [2h30']

aqua journey steam room, warm indoor pool and spa lounge
 hydramemory complete intensive hydrating treatment for face, neck and décolleté
 antistress soothing to re-establish an energetic balance
 [45']

#### Man Space day Spa €160 [2h 30']

aqua journey steam room, warm indoor pool and spa lounge
hydra performance deep hydration treatment
specialized relaxation deep relaxation massage for men

[50']

### Revitalizing day **Spa** €170 [3h]

aqua journey steam room, warm indoor pool and spa lounge
hot stone massage with volcanic stones
recover touch nourishing multi-vitamin rich treatment with antioxidants for face and neck
[50]

#### Anti-aging day Spa £190 [3h]

aqua journey steam room, warm indoor pool and spa lounge
skin regimen longevity to rejuvenate stressed skin and specifically combat accelerated aging
skin regimen body anti-aging body treatment to prevent the signs of aging

[50']

#### Aromasoul Mediterranean day **Spa** €240 [3h30′]

adda journey steam room, warm maoor poor and spa rounge	
sublime skin complete aging, illuminating, firming	[50']
aromasoul ritual scrub aromatherapy exfoliating cosmetic treatment	[40']
aromasoul Mediterranean ritual an invigorating aromatherapy massage	[50']

#### Aromasoul Oriental day Spa €260 [3h30′]

aqua journey steam room, warm indoor pool and spa lounge	
aromasoul ritual scrub aromatherapy exfoliating cosmetic treatment	[40']
aromasoul Oriental ritual aromatherapy soothing anti-stress massage	[50']
reflexology relaxes and reactivates the body's energy	[20']

#### Aromasoul Indian day Spa 6280 [4h]

aqua journey steam room, warm indoor pool and spa lounge	
remedy complete facial renewing, strengthening and soothing treatment	[50']
aromasoul ritual scrub aromatherapy exfoliating cosmetic treatment	[40']
aromasoul Indian ritual relaxing aromatherapy massage	[50']
reflexology relaxes and reactivates the body's energy	[20']

#### Aromasoul Arabian day **Spa** €300 [4h30′]

aqua journey steam room, warm indoor pool and spa lounge	
sublime skin complete anti-aging, illuminating, firming	[50']
aromasoul ritual scrub aromatherapy exfoliating cosmetic treatment	[40']
elasticizing mask firming treatment with toning effect	[40']
aromasoul Arabian ritual aromatherapy ritual revitalizing massage	[50']

#### **Spa for Two**

#### Couples massage €164 [2h]

aqua journey steam room, warm indoor pool and spa lounge
comfort touch a deeply relaxing and enveloping massage for two

[40`]

#### Double cuddles £195 [3h]

aqua journey steam room, warm indoor pool and spa lounge
two relaxing a deep and relaxing massage for two

"where water chants a regenerating and radiant silence, where you feel good, profoundly for the man and woman for the soul"

for info and reservation **info@soulspace.it**  $\Gamma$ +390552001794

[60']

SOUL**SPA**CE® Via Sant'Egidio 12 50122 Firenze www.soulspace.it

SOUL**SPA**CE is open from 10:00 am to 8:00 pm 7 days